

生命见证

我是在念硕士的时候在香港接触到基督教的。那时候我生活在恐惧中，是因为我常常交不到令导师满意的研究报告，我害怕我毕不了业，我害怕我灰溜溜被赶回家，成为家族第一个大学被退学的 loser。而且，在当时，我是万万不敢让家里人知道我心事的，因为他们觉得我来到港大就一定能毕业，而且香港大学的事情他们也爱莫能助。一切从他们看来，他们的儿子就像重新再读一次大学一样，过了四年之后，我会自然而然顺利毕业。于是我常常找当时的女朋友诉苦。直到最后，她也厌烦了我的抱怨，觉得我软弱，不能处理自己的问题，我就被分手了，我失去了唯一一个可以诉苦的人（我很遗憾当时没有文婷姐妹在身边，我的 Ms. Right）。有一个星期五，我交了一篇准备投稿的文章给教授。教授收到文章后，非常不满意，命令我在周末内全部重写。我恐慌的弦到了最后的极限了。我整个人精神恍惚，不知道下一步该怎么办，因为我很清楚我的能力是不能在短短一个周末内重新再写这篇文章。我漠然地走出办公室，去到了图书馆，想静静。就在图书馆门口，我遇到了一个宣教牧者，她主动上来跟我说：“你愿意听吗？”陷入黑暗的我那时候不假思索的回答说，我愿意。并简单的把我的心情跟她说了。那个宣教牧者说：“你们要先求他的国和他的义，这些东西都要加给你们了（马太福音 6:33）。”我一听很惊讶，马上想弄清楚什么是“他的国和他的义”。我当时就答应牧者接下来开始一对一查经。我还记得第一次一对一查经的时候，是一个秋天的傍晚，我们就在图书馆广场边，随便搭一张学生桌子，便开始了创世界的查考。但说到宇宙起源的时候，我举头望着上方的星空，特别有神的应许的感觉，仿佛就像神站在阿伯拉罕旁边跟他说，我会把这一片土地都许给你还有如海如沙的子孙万代。之后每查一次经，我都有一种醍醐灌顶的感觉，特别神清气爽。自从我开始查经后，我的同学也感觉我

跟以前大不一样了。他们都说，气色和气质都好了很多，不再那么像刚出道的周杰伦那么带着淡淡的忧伤了。我明确告诉他们，这是因为我去查圣经了。接着，我的一些同学，例如师弟师妹开始也跟我回崇拜或者圣诞节特别晚会。这正是神对我最初的救赎和恩赐。

神的恩赐绝不仅仅停留在呼喊我，而且在训练我的信心。恐惧是孩子一生的敌人，儿时恐惧单独在家，小学恐惧低分，中学恐惧排名，大学恐惧落后，毕业恐惧就业，结婚恐惧照顾不了家庭，在恐惧中每次入睡，又在恐惧中惊醒。我的内心在认识主之前容易自卑和愤怒，仿佛有三千个各式各样的鬼在里面斗争。后来，每次我恐惧我就祈祷在耶稣求平安。但是，七年和主的沟通让我认识到，主给予的是盼望孩子不断成长成为一名精兵和恐惧作斗争。平安就是打败一个又一个恐惧，准备和下一个更大的恐惧斗争。主并没有帮我赶走恐惧，而是让我和恐惧斗争中成长。我在恐惧中大笑恐惧，我在恐惧中享用主为我准备的美酒。我知道我不能再回头了，我是一个全新的我，我要更加谦卑更加忍耐，超越自己，穿过恐惧，向目标奔跑。孩子今天受洗是一个重生。从今天起，我愿抓住主最初呼唤我的经文“你们要先求他的国和他的义，这些东西都要加给你们了（马太福音 6:33）。”去接受主耶稣基督是我惟一的救主，受浸归于主名下，荣耀归给神；从今天起，一个新的我就要向更多未信的人显示有主在我心我能打败我内心的恐惧；从今天起，愿神陶造我成为一个基督精兵，让我能更加有信心走完这个被训练的人生，彰显主的能力。感谢神，阿门。

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The Testimony for My New Life

I first learned about Christianity when I was a master student in Hong Kong. At that time, I lived in fear because my research did not meet my supervisor's requirements and I was so worried that I could not graduate and had to quit the master program as a loser. Moreover, my parents had no idea on what was going on on my side and they supposed I would graduate on time as many other Chinese students did. Master and Ph.D. degrees just like a second bachelor degree for another six years from their perspective. I had no one to share my thoughts at that time except my ex-girlfriend. At the very end, she left me because she could not suffer my complaint any more. I felt extremely lonely and unfortunately, I did not have Kayla, my Ms. Right, around me at the time. It was a Friday; I submitted a paper draft to my supervisor. She was very disappointed about my draft and asked me re-wrote it during the following weekend. This was the last straw for me at that moment. I was panic because I knew I could not make it happen over the weekend. I lost myself and wandered aimlessly in the campus. In our library plaza, I met a pastor. She approached me and asked me "Would you like to listen to the good news?" I woke up from the dark and answered immediately "Yes." Then, I shared my experience with her. The pastor told "But let your first care be for his kingdom and his righteousness; and all these other things will be given to you in addition (Matthew 6:33)." I was surprised and wanted to know what are "his kingdom and his righteousness." Since then, I studied Bible with that pastor every week. I still remember our first time was in a fall evening; we sat in the library plaza and learned the sentences in Genesis. When speaking of how God created everything, we held my head up and looked at the stars and deep sky. I could feel God was holding my hand and sitting beside me, just like He walked with Abraham and promised everything on the land and future generations to Abraham. I felt

cheered up after every time I studied stories in the Bible. I became confident and positive; many of my classmates asked me about the recipe for my changes. I said that is because I was learning the Bible. After that, I invited some of my classmates to the Sunday worship or Christian activities during Christmas. This is how God saved me from the dark and led me to the light.

What God has done for me is far more than waking me up, he also trains my faith. Fear is my enemy for my whole life. I feared to stay at home alone when I was a kid, I feared to get a low score when I was in high school, I feared to left behind when I was in university, I feared for my career when I graduated, I feared I could not provide enough support to my family when I got married. I slept in fear and woke up with fear. Inferiority and irritability had controlled me before I started to learn from Bible. It seemed that I had three thousand struggling ghosts in my body. Later, I pray for the peaceful heart when facing the fear. However, God wants to give me more than peace in the heart. He wants to me to grow and fight with the fear as his good soldier. He gives me a peaceful heart to fight with a bigger and bigger fear I might have in the life journey. He does not prevent me from the fear but helps me grow and become stronger in the fight with the fear. I learn to laugh the fear; I recall God's promises in my fear. I understand I cannot turn back. I am having a new life from God, and I need to be humble and patient, beyond myself, beat the fear, and run for targets. Today, I was reborn. From now on, I will hold the first sentence that God saved me "But let your first care be for his kingdom and his righteousness; and all these other things will be given to you in addition (Matthew 6:33)." I admit God is the only one who can save me, and I would like to be baptized and honor his name in my whole life. From now on, I want to be the witness to show how God helps me to beat the fear. From now on, may God train me to be his good soldier in my life journey to show his capabilities. Amen!